

# CARING FOR THE YOUNG ATHLETE



**CHOC**  
Children's

LONG LIVE CHILDHOOD

SATURDAY - JUNE 1, 2019

# CARING FOR THE YOUNG ATHLETE



1201 W. La Veta Ave.  
Orange, CA 92868

SATURDAY, JUNE 1, 2019

8:00 AM - 4:00 PM

CHOC Children's Wade Education Center  
Clinic Bldg., 2nd Floor, 1201 W. La Veta Avenue

## Who should attend?

Pediatricians, Family Practice Physicians,  
Sport Medicine Practitioners, Athletic  
Trainers, Physical Therapists

## Format?

AM Plenary sessions  
PM Skills sessions with Case Presentations

This activity has been approved for  
*AMA PRA Category I Credit™*

## Why should you attend?

- Optimize preparticipation physical exam
- Sports injury prevention best practices
- Athletes and Suicide: one community's story of athletic perfectionism vs personal best
- Mental Health in Young Athletes: screening, referral and consultation best practices
- Assess for overuse injuries
- Review back injuries in youth sports
- Update on sports concussion management
- Fuel for the young athlete recommendations

Registration: [choc.org/events](http://choc.org/events)

Questions: **800-329-2900** or [chocme@choc.org](mailto:chocme@choc.org)

